

WEEKLY ACTIVITY PLAN



Child's Name:

Week of:

Use our Activity Plan to prepare for the week ahead, and plan challenges to keep your child engaged during family work times.

- **It's cumulative** - set up each activity so that your child can choose it again another day. Leave it in the same place, and re-stock papers, etc. as needed at the end of the day.
- On Fridays, assess which activities your child enjoyed, **and plan on leaving them out for the following week!** Any your child ignored, replace.
- Invite your older child to help fill out which activities they want to complete each day on the next page, and check off once they have completed the activity. Most children are interested in doing this around 4.5 years old. You can use the Weekly Calendar on the next page to plan for each day.

Art	Building	Food	Games
Gross Motor	Language	Math	Outdoor
Puzzle	Practical Life	Sensorial	Other/Notes

WEEKLY ACTIVITY PLAN



Child's Name:

Week of:

Notes/Items Needed:	Monday	Tuesday	Wednesday	Thursday	Friday