

WEEKLY ACTIVITY PLAN

Child's Name:

Week of:



Use our Activity Plan to prepare for the week ahead, and plan challenges to keep your child engaged during family work times.

- **It's cumulative** - set up each activity so that your child can choose it again another day. Leave it in the same place, and re-stock papers, etc. as needed at the end of the day. Some activities can be left out all week, and some can be particular to a specific day, such as a nature walk or food prep.
- On Fridays, assess which activities your child enjoyed, **and plan on leaving them out for the following week!** Any your child ignored, replace.
- Invite your older child to help fill out which activities they want to complete each day in the next column, and check off once they have completed the activity. Most children are interested in doing this around 4 or 4.5 years old.

Art	Building	Food	Games
Gross Motor	Language	Math	Outdoor
Practical Life	Puzzle	Sensorial	Other
Notes/Prep:			

WEEKLY ACTIVITY PLAN



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Print as many of these sheets as needed.

	Monday		Tuesday		Wednesday		Thursday		Friday