

COLOUR

+ SHAPE



A NEW WAY OF SUPPORTING FAMILIES ON THE ADVENTURE OF FAITH

WHAT IS COLOUR AND SHAPE?

Colour and Shape, founded by Eleanor Oliver, is a growing online community of parents, grandparents, godparents, teachers, catechists, children's liturgy leaders, clergy, and anyone else with the privilege of accompanying children and young people on their adventure of discovering their own relationship with God.

The **Colour and Shape website** was launched in December 2020, and as of January 2021 I am also pleased to announce that Colour and Shape will be working in partnership and receiving funding from the **Lay Community of Saint Benedict** - an active praying and learning community of which I am a member and which helped form me as a teenager and young adult. See www.laybenedictines.org for more info on the LCSB and their work of bringing daily prayer into the digital space, making praying together in community more accessible for all.



In the Colour and Shape community we are exploring how to live a **joy-filled life of faith** that creates sacred space in the home and celebrates the liturgical seasons of the church creatively and sustainably. Here we can **discover our family's unique rhythm of prayer**, learn how to **accompany our children well**, and **find friends** along the way to support and inspire us.

HOW DOES IT WORK?

Colour and Shape is a **private social network**, available both on the **web** and in an **app**, away from the distractions of other social media platforms. Everyone has their **own profile** and you can share posts, images, and links to the main activity feed in a way that you will be familiar with.

There are **topics to follow** where content will be posted, creating a **growing resource library** in the areas of Creating Space, Celebrating the Seasons, Childhood Spirituality, Catechesis and Sacraments, Creativity and Sustainability, and others.

Each week there is a themed **discussion question** and a **Community Story** offering a window into how different families walk on their journey with God.



We will be running the **'Parenting for Faith Course'** and **'The Prayer Course'** throughout the year so you can jump in when you are ready and journey alongside a group of like-minded friends.

There is a dedicated group for **Children's Liturgy Leaders** to share best practice and resources, with plans to expand to more groups as and when the need arises (eg. for teachers, grandparents...)

Plus **online events** throughout the year, recorded talks and interviews, the ability to connect with other community **members in your area**, and a **safe space** to ask questions and share your own experience.



WHO HOSTS COLOUR AND SHAPE?

Colour and Shape was founded by me, **Eleanor Oliver**, in March 2020 at the start of the first UK lockdown. As the churches closed towards the end of Lent, I had the idea to post a **weekly children's liturgy video** on YouTube so that families like mine would have a resource to use on Sundays while away from our parish communities.

Over the months, more families discovered the videos and I found myself travelling with a group of parents who were, like me, searching for connection, formation, and the ongoing support of a faith-filled community. **A wider vision** of what Colour and Shape could become began to form, and led me to explore **building an online space** where I could welcome all those looking for support in accompanying children and young people.



We learn better together - and amazing things happen when we come together around a shared purpose and goal. That is why Colour and Shape is **not just for parents**, but for all those supporting families on their journey of faith, and for all stages of parenthood. Every story and experience makes this community stronger and we cannot wait to hear yours!



HOW CAN I GET INVOLVED?



Join the Colour and Shape community! It is free to join, and you can sign up here: www.colourandshapeonline.com. **Please spread the word!**

Connect Sunday - the weekly video based around the Sunday Gospel can be found on the Colour and Shape YouTube channel here: www.youtube.com/c/ColourandShape

You can follow Colour and Shape on **Facebook** and **Instagram: @colourandshapeonline**

You can **email** me here: colourandshapeonline@gmail.com

Please keep this growing community in your prayers, and do get in touch if you would like to support Colour and Shape in any way.