

# WEEKLY ACTIVITY PLAN - CHILDREN'S HOUSE 4.5-6



Child's Name:

Week of:

Use our Activity Plan to prepare for the week ahead! Choose some activities in different categories that you will get ready for your child to use throughout the week. There are some activities you may want to leave accessible for the children all week, and some that might be particular to a specific day, such as any food preparation activities. You can use the Weekly Calendar on the next page to plan for each day. You can invite your older child to help fill out the activities they want to complete each day, and check off once they have completed each activity.

| Art Activities  | Building Activities  | Food Activities  | Games   |
|---|--|--|---|
| <i>Origami Cup</i><br><i>Ripping Paper &amp; Making Paper Beads</i><br><i>Cutting Chain Figures</i> | <i>Domino Chain Reaction</i><br><i>Legos</i>   | <i>Preparing Vegetables for Dinner</i><br><i>Making Tea</i>  | <i>Taste</i><br><i>Tongue Twisters</i><br><i>Word Lightning</i> |
| Gross Motor Activities  | Language Activities  | Math Activities  | Outdoor Activities  |
| <i>Yoga</i><br><i>Obstacle Course</i>   | <i>Interview a Family Member</i><br><i>Magazine Story Prompt</i><br><i>Dictionary Dive</i> | <i>Dice Addition with Exchanging</i><br><i>"Closest To" Dice Game</i><br><i>Measurement</i><br><i>Organizing a Deck of Cards</i> | <i>Geometric Chalk Art</i><br><i>Hopscotch</i>                  |
| Practical Life Activities   | Puzzle Activities  | Sensorial Activities   | Other   |
| <i>Making the Bed</i><br><i>Setting the Table</i><br><i>Making a Knot</i><br><i>Finger Knitting</i> | <i>Puzzle - Blindfolded</i>  | <i>Map Exploration</i><br><i>Keeping a Weather Log</i><br><i>Flags of the World</i>  |   |
| Notes/Prep:   |  |  |   |
|   |  |  |   |

